

## Groups and Time Requirements for 2016

Please carefully read the list below with the Groups as they are assigned by ages. You will note next to the group, the times in which the try out, must be swam in.

Group AA (Age 15): 200 yards in 3:10

Group A (Age 14): 200 yards in 3:25

Group B (Ages 12-13): 150 yards in 2:25

Group C (Ages 10-11): 100 yards in 1:45

Practicing will only improve and help your chances,  
start now!