

BEACH SAFETY GUIDELINES

Enjoy your trip to the beach!
Be safe and have fun!

- **Lifeguards are on duty from 9 am to 6 pm. Always swim near a lifeguard!**
- **Swimming is prohibited when lifeguards are not on duty!**
- Stay off the rock jetties.
- Check the water conditions with the lifeguard before entering the water.
- Always swim between the green flags.
- Enter the water by walking, do not dive headfirst.
- When you hear a whistle, look to the lifeguard chair, they may want your attention!
- All children must be supervised by a parent or guardian.
- Alcoholic beverages, fires, and barbeques are prohibited on the beach.
- All bodyboards must have leashes.
- Lifeguards may limit swimming, and body board, use during rough ocean conditions.
- Report all dangerous situations to the lifeguard.
- *Carry your beach pass at all times.* All patrons 13 years of age and older must have a valid beach pass.

West End

The Saloon

1016 W. Beech St
(516) 432-9185
10% off your check
Bus Stop:
Maryland Avenue

Center of Town

Abe's Pitaria

32 W. Park Ave
(516) 897-3582
10% off purchase.
Between
National Blvd. &
Edwards Blvd

Billy's Beach Cafe

222 W. Park Ave
(516) 889-2233
20% Off your Check
Not Valid during
Special Events
Bus stop:
Magnolia Blvd.

Corazon de Cuba

26 East Park Ave
(917) 687-7390

Don Juan Restaurant

124 East Park Ave
(516) 713-1106
20% off your check

Frances Stoia Home

78 W. Park Ave
(516) 897-8440
15% Off Purchase
Bus Stop:
National Blvd

Healing Oasis

252 E. Park Ave
(516) 318-6737
Bus Stop:
Long Beach Blvd &
Monroe Blvd

Super Pollo

18 East Park Ave
(516) 670-7915

Taco Tuesdays Food Truck

Riverside Blvd
Boardwalk
Free Empanada
with a \$10
purchase

East End

Bikram Yoga LBNY

365 East Park Ave
(516) 442-3261
50% off drop-in
class
Bus Stop:
Lincoln Blvd

Lido Kosher Deli

641 East Park Ave
(516) 431-4411

Long Beach Hotel

405 East Broadway
(516) 544-4444
10% off in the
bar & grill
Bus Stop:
Lincoln Blvd

Unsound Surf

359 E Park Ave
15% Off one item
excluding surfboards



**LIRR Train Schedule
From Long Beach to Penn Station**

WEEKEND Departures	WEEKDAY Departures
1:25 pm	1:07 pm
2:25 pm	2:07 pm
3:25 pm	3:07 pm
4:25 pm	4:02 pm
4:57 pm	4:29 pm (T)
5:25 pm	5:14 pm
6:25 pm	6:38 pm (T)
7:25 pm	6:57 pm
8:25 pm	7:49 pm
9:25 pm	8:48 pm
10:25 pm	9:53 pm
11:22 pm	10:57 pm

Note: (T) indicates transfer at Jamaica.



The City of Long Beach
Department of Parks and Recreation
700 Magnolia Blvd.
Long Beach, NY 11561

<http://www.longbeachny.gov/beach>

City Manager
Jack Schnirman

City Council
Len Torres, President
Anthony Eramo, Vice President
Eileen J. Goggin
Scott J. Mandel
Anissa D. Moore

**Assistant Superintendent
of Parks & Recreation**
Paul Ferrante

**Long Island Railroad
Beach Getaway Package**
TRAIN TICKET + BEACH ADMISSION

Welcome to
the Beach!



Your LIRR Getaway Package
entitles you to:

- ✚ One-day round trip train fare.
- ✚ Discounted daily beach admission.
- ✚ Free Long Beach bus service.
- ✚ Discounts on food and drinks at local restaurants.
- ✚ Hours of fun in our beautiful "City by the Sea".

Look inside this brochure for
great deals!

LONG BEACH BUS SCHEDULE

WEST END
Station to W. Park to Grand to W. Beech to Nevada. Returns to Station along same route

WEEKDAYS

Departs Station		Departs Nevada	
A.M.	P.M.	A.M.	P.M.
5:00	2:20	5:12	2:40
5:30	3:00	5:50	3:15
6:00	3:30	6:15	3:45
6:15	4:00	6:30	4:15
6:30	4:30	6:45	4:45
6:42	5:00	7:00	5:10
7:00	5:07	7:15	5:25
7:15	5:37	7:25	5:50
7:30	5:50	7:45	6:05
7:45	6:11	8:00	6:30
8:00	6:18	8:15	6:50
8:15	6:50	8:30	7:05
8:30	7:15	8:40	7:30
9:00	7:38	9:20	7:48
9:40	8:02	10:00	8:15
10:20	8:26	10:40	8:40
11:00	9:04	11:20	9:15
11:40	9:25	12:00	9:40
12:20	9:53	12:40	10:05
1:00	10:50	1:15	11:10
1:40		2:04	

WEEKENDS

Departs Station		Departs Nevada	
A.M.	P.M.	A.M.	P.M.
6:30	2:45	6:45	3:00
7:00	3:20	7:15	3:30
7:30	3:55	7:45	4:15
8:00	4:30	8:15	4:45
8:30	5:05	8:45	5:15
9:00	5:40	9:15	5:50
9:35	6:15	9:45	6:30
10:05	6:50	10:15	7:00
10:42	7:25	10:57	7:45
11:15	8:00	11:30	8:15
11:50	8:30	12:00	8:45
12:25	9:00	12:45	9:15
1:00		1:15	
1:35		1:45	
2:10		2:20	