



Reach Out Today !

## Free Superstorm Sandy Counseling Services for Children

FEGS is now offering free, confidential, supportive and spiritual counseling services individually designed to address issues related to Superstorm Sandy. These services are available to adults and children who live in the affected regions of Queens, Nassau and Western Suffolk Counties.

- **Disasters and the following recovery are stressful times for families, especially children.**
- **It's natural for disaster survivors to display various emotions, such as fear, sadness, anger, and anxiety.**
- **Let us help you and your children develop the strategies during recovery, to cope, adjust and be well.**

Counseling will be provided by our professional licensed staff who will bring the services to you!

**CALL FEGS**

**Monday-Friday 9AM to 5PM**

(Evening and weekend hours available by appointment)

**Call 516.496.7550, option 6.**

These services are made available through the generous support of the American Red Cross, Newsday Charities, NYS Social Services Block Grant and UJA-Federation of New York.



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